

	Year 9 Curriculum Map			
	Lesson	Content	Key Terms	Themes
		Unit 1: Relationships		
1	Intro to RSE	To describe what is meant by the term sex. To understand the risks of sexual relationships. To understand how to reduce the risks surrounding sex.	Consent Sexual Health STI Physical, mental, emotional and reproductive health Sexual experience Intimacy Safe sex	BV Relationships SMSC
2	Consent and the law TW	To understand what constitutes as consent. To know why consent is of vital importance in daily life.	Consent Age of consent Sexual abuse	BV Relationships Keeping safe SMSC
3	Healthy relationships	To understand what it means to have a positive intimate relationship. To explore ways in which we can have good communication in a relationship.	Consent Age of consent Intimacy Red and green flags Healthy characteristics Abstinence	BV Relationships Keeping safe SMSC

4	Healthy intimate relationships	To understand what it means to have a positive intimate relationship. To explore ways in which we can have good communication in a relationship, including with family and friends.	Unhealthy families Toxic relationship Unsafe families Red flags Consent Healthy relationships Miscommunication	BV Relationships Keeping safe SMSC
PD Day 1	Leadership Day	To develop leadership skills	Leadership Teamwork Organisation	Relationships SMSC
5	Relationship loss and change TW	To understand that relationships will change and break down To analyse how to cope with different types of loss including bereavement Complete self assessment	Bereavement Suicide Rejection Conflict resolution Separation Divorce	Relationships SMSC
		Unit 2: Sexual health		
6&7	Fertility	To understand how fertilisation happens, and how fertility changes throughout your life	Fertilisation Fertility Infertility Menopause Menstrual cycle Ovulation Conception Assisted conception IVF IUI Egg and sperm donation	Relationships and sexual health SMSC

			Adoption Fostering Surrogacy Coparenting Insemination	
8&9	Contraception	To know the main forms of contraception. To understand how effective these can be when used as directed. To know that contraception is for both parties to be responsible for when being intimate.	Contraception methods STI Ovulation Hormone methods Barrier methods LARC methods Vasectomy Emergency contraception Gillick competence	BV Relationships and sexual health
10	Sexual Health	To understand the positives of intimate relationships. To understand the negatives of intimate relationships. To know how first experiences can impact on future sexual health.	Sexual health Physical, mental, emotional and reproductive health Love Intimacy STI Virginity Consent Contraception Unwanted pregnancy	BV Relationships and sexual health Keeping safe SMSC
11&12	STI'S	To describe the key symptoms and risks associated with a variety of different STIs.	STI HIV	Relationships and sexual health

		To understand the importance of sexual Health Clinics (GUM). HIV preventative medication Complete self assessment	Chlamydia Herpes Pubic Lice Trichomoniasis Gonorrhea Genital warts Syphilis Barrier methods Pre Exposure Prophylaxis (PrEP) Post Exposure Prophylaxis (PEP) Gillick competence	
		Unit 3: Pregnancy and parenting		
PD Day 2	Enterprise Challenge	Enterprise Project: to develop teamwork skills, self-esteem and confidence	Enterprise Careers Teamwork Budgeting Presentation	Careers Future choices
13	Pregnancy choices	To understand the consequences of unplanned pregnancy. To know what options there are following an unplanned pregnancy.	Pregnancy Conception Contraception Embryo Foetus Parenthood Adoption Abortion	BV Relationships and sexual health SMSC

14	Pregnancy and birth	To understand how to have a healthy pregnancy and safe delivery	Conception Embryo Foetus C Section Vaginal Birth Pre and post natal Uterus Epidural Miscarriage Stillbirth Folic acid Pelvic floor	Relationships and sexual health
15	Parenting and families	To understand that there are different types of families To examine the challenges faced by teenage parents Complete self assessment	Types of families: Nuclear Single parent Adoptive Fostered Reconstituted Same sex Extended Cohabitation Marriage Civil partnership Common law Child benefit	Relationships BV SMSC
		Unit 4: Online safety		
16	Sexting	To discuss why some people send nudes.	Sexting Nudes	BV

		To understand the legal, emotional and social consequences of sending sexts.	Consent Upskirting Voyeurism Child pornography and the law Cyber flashing	Online life and media SMSC
17	Dangers of pornography TW	To understand what pornography is. To know what is illegal regarding pornography. To analyse the differences between real life and porn life.	Pornography Revenge porn Child porn Extreme porn Body anxiety Desensitisation	BV Online life and media SMSC
18	Revenge porn	To understand why people share indecent images. To know the law around indecent images. To be aware of the impact this can have on others. To know how to report and stop the sharing of these images.	Revenge porn Sexting Consent Indecent images	BV Relationships Keeping safe Online life and media SMSC
PD Day 3	STEM Careers Day	To explore career options and pathways linked to STEM	STEM Careers Medical Engineering Science Technology	Careers
19	Catfishing and scams	To understand what is meant by the term 'grooming'.	Online scams Phishing	BV

		To investigate the signs of fake profiles. To identify ways to protect others from grooming and catfishing. Complete self assessment	Clickbait Fake adverts Malware Catfishing Grooming Hacking Fake profiles Doxing	Online life and media Keeping safe and managing risk
		Unit 5: Personal safety		
20	Public Sexual Harassment	To understand what sexual harassment it. To identify examples of sexual harassment including upskirting and stalking To explore ways in which we can challenge sexual harassment.	Stalking Harassment Upskirting Boundaries Privacy	BV Keeping safe and managing risk
21	Sexual Harassment: what to do	To examine the data around sexual harassment in the UK. To identify society's next steps to reduce these instances.	Stalking Groping Intimidation Cat calling Upskirting Flashing Consent Boundaries Bystander	BV Keeping safe and managing risk
22	Mental Health and triggers TW	To understand how stress affects our bodies To understand what our own triggers are To examine what self harm is and how to help Complete self assessment	Self harm Stress Panic attacks	Personal safety Emotional and mental health SMSC

		Unit 6: Financial education		
23	Debt	To understand the different types of loans. To understand how loans accrue interest.	Debt Loan Credit Debit Interest APR Overdraft Loan sharks Payday loans	BV Citizenship Keeping Safe and Managing Risk Future choices and Money
24	What is Budgeting?	To understand different ways to pay for goods and services. To be able to create a budget. To learn how to manage money well.	Debt Citizens Advice Loans Mortgage Credit Bankruptcy Budget Income Expenses	BV Citizenship Keeping Safe and Managing Risk Future choices and Money
PD Day 4	PD Day	Confidence and self esteem Happiness, wellbeing, loneliness, sleep Anxiety, depression Drugs and alcohol – link to wellbeing Addiction: Gambling Navigating local health care – Mental health care Dangers of self-diagnosis	Mental Health Stress Anxiety Depression Addiction Dependency Gillick competence 999/101	Mental and emotional health

			Pharmacy	
25	What is a mortgage ?	To understand what a mortgage is. To explore the different types of mortgage.	Budget Credit Debt Mortgage Rent Loan Landlord Tenancy Credit score	BV Citizenship Keeping Safe and Managing Risk Future choices and Money
26	Credit and store cards	To understand credit and store cards are. To understand how credit and store cards accrue interest. Complete self assessment	Credit Debt Want Need Store cards Debit cards Credit cards Digital wallets Pre payment cards Smart cards Vouchers	BV Citizenship Keeping Safe and Managing Risk Future choices and Money
	Assessment			
		Unit 7: Addiction and crime		
27&28	Addiction	What is addiction. What types of addiction are more common. What are the chemical and behavioural effects of addiction	Addiction Chemical Behavioural Legal and illegal drugs	BV Keeping safe Rights and responsibilities

		999/111	Self esteem Trauma Withdrawal MDMA/Ecstasy	
29	Criminal Exploitation and County Lines	To understand what CCE and CSE are and how to access help	CSE CCE County Lines Consent Grooming Cuckooing Trapping	BV Personal safety
30	Gang Culture TW	To understand why some young people join gangs and others don't. To know ways in which gangs recruit young people.	Gangs CCE County lines Possession Knife crime	BV Personal safety
31	Joint Enterprise TW	To understand what constitutes as Joint Enterprise To analyse the law around joint enterprise	Joint enterprise Gangs Knife crime	BV Keeping safe and managing risk
32	Hate Crime	To understand what constitutes a hate crime. To examine reasons as to why hate crimes are on the rise in the UK. Complete self assessment	Protected characteristics Hate crime Equality Prejudice Discrimination Incitement	BV Rights and responsibilities Personal safety SMSC

		Unit 8: Citizenship		
33	Diversity in the UK	To understand how and why the UK is diverse To analyse the benefits and challenges to a diverse society To develop further understanding of the equality act and protected characteristics	Protected characteristics Equality Act Equality Equity Prejudice Discrimination Multicultural	BV Citizenship Rights and responsibilities SMSC
34	What is Politics ?	To understand the impact politics has on everyday life. To explore the history of the UK Parliament. To evaluate why it's better to live in a democracy rather than a dictatorship.	Politics Democracy Parliament Government Dictatorship Totalitarianism Equality Justice Authoritarian House of commons House of Lords Monarch Prime Minister Voting	BV Citizenship
35	UK Government	To describe how parliament is made up, including the roles it performs. To understand the role of a local MP. To evaluate the effectiveness of the current voting system in the UK.	Politics Democracy Parliament Government House of commons House of Lords	BV Citizenship

			Monarch Prime Minister Voting Cabinet Elections Manifesto Constituency MP	
36	The role of the monarchy	To understand what is meant by constitutional monarchy To understand the role of the monarchy within a democracy	Constitutional monarchy Monarch Democracy Head of state Succession Republic President	BV Citizenship
PD Day 5	Outdoor Education Trip	To develop physical education and team building skills	Outdoor education Teamwork Team building Exercise	Healthy lifestyles Keeping safe and managing risk
37	The media and misinformation	To understand key terms around misinformation. To explore ways in which we can be critical consumers of information	Media Fake news Misinformation Disinformation Malinformation Deep fakes Confirmation bias Critical thinking	BV Citizenship
38	The law and criminal responsibility	To understand why laws are needed in society.	Law Human rights Bill	BV Citizenship

		To review the process of how a bill passes through Parliament. To discuss the age of criminal responsibility	House of commons House of lords Royal assent Crime Age of criminal responsibility	
39	The criminal justice system	To describe what the criminal justice system is To understand how the criminal justice system works and the role of the police	Police Justice Legal system Punishment Custody Arrest Warrant Trial Court Ministry of Justice Home office Attorney General CPS HMCS NOMS YJB	BV Citizenship
40	Local politics	To analyse what a local council does To understand the role of the local councillor To discuss how council tax is spent Complete self assessment	Council Councillor Council tax Active citizen Action	BV Citizenship