

	Year 11 Curriculum Map			
	Lesson	Content	Key terms	Themes
		Unit 1: Post 16 Choices		
1&2 Map to Equalex framework	Post 16 choices	To understand the options at post 16 To examine different types of post 16 qualifications Reflection on work experience Complete self assessment	Sixth form College A Levels T levels BTEC Apprenticeship Vocational Resits	Future choices Careers
PD Day 1 Map to Equalex framework	Post 16 Day	College talks CV's Personal statements Interviews and application forms Careers Fair	CV Personal statement Interview Application form Sixth form College A Levels T levels BTEC Apprenticeship Vocational Resits	Future choices and careers

		Unit 2: Staying safe		
3&4	Consent and exploitation TW	To know who cannot give consent. To understand what exploitation is. To know who to turn to if you, or someone you know, is being exploited	Consent Exploitation CSE Sexual assault Rape Asphyxiation Strangulation	SMSC Relationships Keeping safe and managing risk BV
5	Stalking and harassment	To understand what is meant by stalking To know what to do if you find yourself a victim of stalking or harassment	Stalking Harassment Peer on peer	Personal safety Relationships BV
6&7	Sexism and misogyny	To analyse the impact of sexism To develop understanding of misogyny and incel culture	Sexism Misogyny Misandry Incel Impact Emotional suppression Pressure to conform Stereotypes	Relationships Keeping safe Values, rights and responsibilities BV SMSC
PD Day 2	Personal safety TW	Personal safety Knife crime and carrying weapons Risk taking behaviour Online safety CCE	Safety CCE and CSE Sexual assault Addiction Consent Dependency	BV SMSC

8	Honour based violence TW	To know what HBA/HBV is. To understand who is more at risk. To identify organisations who can help and support victims and their family or friends. To understand what virginity testing and hymenoplasty is	HBA HBV FGM Arranged marriage Forced marriage Virginity testing Hymenoplasty Honour killing	Relationships Keeping safe Rights and responsibilities BV SMSC
9	Online dangers and safety	To understand how to stay safe online and to guard against dangers such as phishing, scams and the dark web Complete self assessment	Digital content Dark web Phishing Online scams Indecent images Pornography	Relationships Keeping safe Online life and media BV
PD Day 3	Health Day	Sexual health nurse /RASA Endometriosis and menstrual issues Cancer prevention Addiction and mental wellbeing Stress, anxiety, resilience Coping strategies, mindfulness	Cancer Vaccination Endometriosis PCOS Mental health Self examination Smear test Mammogram Addiction Dependency	SMSC BV
		Unit 3: Keeping healthy		
10	Staying healthy	To understand how to navigate the health care system	Vaccination Healthcare services	Physical health SMSC

		To examine the importance of sleep and the link to stress	GP Pharmacist Sexual health clinic Antimicrobial resistance Gillick competence	
11	Positive mental health TW	To understand what can affect low mood To analyse reasons for self harm and understand where to go for help	Stress Teenage brain Self harm Eating disorders Loneliness	Personal Safety Emotional and Mental Health SMSC
12&13	Addiction	To analyse the possible dangers of prescription drugs	Prescription drugs Possession Supply Substance misuse Opioids Depressants Stimulants Addiction Sedatives Anaesthetic Spiking GHB GBL	Keeping safe and managing risk
PD Day 4	Y11 Trip			
14	Body enhancements	To understand what a body enhancement is To analyse the pros and cons	Cosmetic Aesthetic	Health and wellbeing

		Complete self assessment	Body image Celebrity culture	Keeping safe and managing risk
		Unit 4: Citizenship		
15	The law and you	To know the age at which you can legally do certain things To understand what to do if you are a victim of crime To analyse how breaking the law could affect your future	Law Legal system CPS Offence Legal advice	Citizenship BV
16	Voting age	To understand the reasons for and against voting at 16 Complete self assessment	Vote Election Referendum Enfranchise MP Debate	Citizenship BV