

		Year 7 Curriculum Map		
	Lesson	Content	Key Terms	Themes
		Unit 1: Who am I ?		
1	Starting High school	To discuss common hopes and fears about starting high school	Transition Change Stress Worry	SMSC Citizenship BV
2	Identity	To develop a deeper awareness of our own identity To understand how identity changes over time	Identity Nature Nurture	SMSC Citizenship BV Values, rights and responsibilities
PD Day 1	Values Day	To examine racial based prejudice, looking at the example of MLK and civil rights	Racism Prejudice Discrimination Stereotype Civil rights Equality	SMSC BV Citizenship
3	Consent and boundaries	To understand what consent is, to reflect on boundaries including privacy and personal space, to develop ways in which you can be assertive about boundaries and consent	Consent Boundaries Privacy Personal space Respect Peer pressure	SMSC Citizenship BV Relationships
4	Friendships	To understand what is meant by respect To revisit British values	Relationships British values	SMSC

		To understand ways in which relationships can be healthy and unhealthy To introduce methods of conflict resolution	Respect Communication Conflict Conflict resolution	Citizenship BV Relationships
5	Diversity in families	To develop an awareness of different types of families To revisit consent	Diversity Families Healthy relationship Extended family Community Marriage Cohabitation Civil partnership Nuclear Blended Single parent Same sex Common Law Marriage	Relationships BV
PD Day 2	Disability Awareness Day	To examine Disability based prejudice. To investigate aspects of disability such as visual and hearing impairment To assess disability access in school	Ableism Prejudice Visual impairment Hearing impairment BSL	SMSC Citizenship BV

6	Conflict resolution	To understand the link between happiness and a stable family relationship. To explain how to resolve family conflict. Complete self assessment	Conflict Relationships Committed relationship Conflict resolution	SMSC Relationships BV
		Unit 2: Online safety and bullying		
7	Bullying	To understand the meaning of bullying and cyberbullying, and the different ways in which it may happen. To explain where people can turn to for help.	Relationships Bullying Online bullying	SMSC Citizenship BV Keeping safe
8	Impact of bullying	To understand different ways in which people may react to bullying. To examine the impact of the bystander.	Impact Victim Physical Verbal Indirect Cyber	SMSC Citizenship BV Keeping safe Mental and emotional health
9	Social Media Pros and cons	To describe the differences between real life and social media life To explore the impact social media influencers have on society To identify coping strategies for social media wellness and improving self esteem	Online identity Influencer	BV Online life and media

PD Day 3	Restorative Practice Day	To examine what affects wellbeing and resilience, to learn strategies for coping, to develop resilience, to identify risk and manage personal safety	Conflict resolution Circle time Emotional regulation Mental health Emotional health Resilience Self esteem	SMSC BV Relationships Mental and Emotional Health
10	Healthy social media use	To analyse the effects of screen time on health To understand the rights and responsibilities of being a digital citizen To develop understanding of a digital footprint and the impact this could have	Mental health Digital citizen Rights Responsibilities Communication Digital footprint Privacy	BV Online life and media
11	Cyber bullying	To analyse the pros and cons of online friendships To develop understanding of cyberbullying and how to keep safe online	Cyberbullying Online friendships Protected characteristics Free speech	BV Online life and media Keeping safe and managing risk
12	Online grooming	To understand what is meant by the term 'grooming'. To investigate the signs of fake profiles.	Grooming Catfishing Consent	BV Online life and media Keeping safe and managing risk

		To identify ways to protect others from grooming and catfishing. Complete self assessment		
PD Day 4	Careers Map against Equalex framework	Day to work	Careers Job prospects Employment Shifts Industry Qualifications	Careers
		Unit 3: Keeping healthy		
13	Puberty and Hygiene	To identify what puberty is. To understand the changes the body goes through during puberty. To appreciate how our hygiene routines need to change as we hit puberty.	Puberty Hygiene Hormones Emotions	Health and fitness
14	Menstrual Health	To explain how menstruation works To understand period problems including endometriosis and PCOS	Menstruation Menstrual cycle Periods Endometriosis Polycystic ovaries PMS Period products Hormones	Health and fitness
15	FGM TW	To understand what is meant by FGM and what help is available	FGM Vulva	SMSC BV

			Ovaries Fallopian tubes Vagina Labia Circumcision	Rights and responsibilities Keeping safe and managing risk
16	Introduction to drugs education TW	To state the definition of a drug To name examples of legal and illegal drug Describe the penalties associated with different classes of drug 999/111	Legal Illegal Addiction Medicinal Recreational Stimulant Depressant Hallucinogenic Class A-C	BV Keeping safe and managing risk
17	What are the dangers of smoking? TW	To describe why it is dangerous to smoke. To understand the laws around smoking.	Smoking Tobacco Nicotine Passive smoking Addiction	BV Keeping safe and managing risk
18	What are the dangers of vaping? TW	To describe why it is dangerous to vape. To understand the laws around vaping.	Vaping E cigarettes Nicotine Addiction Shisha	BV Keeping safe and managing risk
19	What are the risks of alcohol? TW	To describe what a 'unit' of alcohol is. To describe the low risks of alcohol consumption. To describe the high risks of alcohol consumption. Complete self assessment	Alcohol Unit Addiction	BV Keeping safe and managing risk

PD Day 5	Chester Zoo Trip (Science)			Careers
		Unit 4: Intro to Finance Education		
20	Introduction to finances	To understand what borrowing money is. To explain the different types of borrowing. To identify ways which finances can impact your mental health.	Debt Cash Credit Debit Interest rate Borrowing Needs Wants	Citizenship Future choices and money
21	Gambling TW	To increase your knowledge and understanding about gambling issues. To develop personal and social skills to help you make informed healthier life choices. To explore attitudes and values associated with gambling. Complete self assessment	Gambling Addiction Debt Risks Consequences	Citizenship Future choices and money Keeping safe and managing risk
PDT	Keeping safe over the summer	To understand the risks around road, water, sun and rail safety Calling 999	Railway Level crossing Risk Cold water shock UV protection	BV Keeping safe and managing risk