

# WEEKLY MENU

WEEK 1



**EVERY  
TUESDAY**

Asian inspired noodles  
with a selection of  
protein and vegetables



**EVERY  
WEDNESDAY**

Authentic Greek  
flatbreads topped with  
marinated chicken or  
plant-based protein

**EVERY  
THURSDAY**

Drumsticks served with  
a range of signature  
marinades and  
seasoned rice

**CHICK  
N'RUN**

Switch it up with our street food favourites! Ask the team for this week's flavours

**MON**

Thai Yellow Vegetable Curry, Broccoli,  
Salad & Mixed Rice (VG)

**TUE**

BBQ Beef & Bean Chilli with Penne  
and Mixed Salad (Halal available)

**WED**

Roast of the Day, Gravy & Roasties  
with Seasonal Greens and Carrots  
(Halal available)

**THU**

Chicken & Sweetcorn Pie with  
Broccoli, Carrots & Cauliflower (Halal  
available)

**FRI**

Sustainably Sourced Battered Fish &  
Chips with Peas or Beans

Mac & Cheese with Crispy Onions  
with Garlic Bread & Mixed Salad (V)

Pasta Arrabbiata with mixed Salad

Roast Quorn, Gravy, Roasties with  
Seasonal Greens & Carrots (V)

Cheese, Onion & Potato Pie with  
Broccoli, Carrots & Cauliflower (V)

Pizza Selection with Chips

## POT & TASTY

Daily range of ready to go pots including  
pastas, salads and rice bowls

## DESSERTS

Enjoy our chef's choice of sweet  
treats, served every day



Hot loaded spuds with  
a daily range of tasty  
toppings to fill you up



10th Nov, 1st & 22nd Dec, 19th Jan, 9th Feb, 2nd & 23rd March

V - VEGETARIAN  
VG - VEGAN