

WHAT DO WE DO NEXT FOR ASD?

Local Community Support for Parents and Carers

Your child's recent diagnosis of Autism Spectrum Disorder (ASD) can present lots of questions and perhaps some concerns. We want to offer you some of the resources we have found to be most beneficial to parents and carers, following a new diagnosis. We will endeavor to support you during your child's time here at Greenbank High School, and as always, will be available to discuss any particular concerns you may have as they relate to school.



ADDvanced Solutions Community Network encourages, equips and empowers children, young people and their families living with neurodevelopmental conditions, learning difficulties and associated mental health needs, and have teamed up with Alder Hey Children's NHS Foundation Trust to support you and your family. To the right, you'll find a few offers and resources that you can access immediately to help you on this new journey.

Contact ADDvanced Solutions: Online: AddvancedSolutions.co.uk
Email: info@addvancedsolutions.co.uk or ring 0151 486 1788

The Autism and Social Communication Team is part of the Complex Needs team, and sits within Sefton's SEN and Inclusion Service. We offer support for the inclusion of autistic children and young people in mainstream schools. Contact no. 0151 934 2347

Sefton's Local Offer provides clear and accessible information about the provision Sefton Council expects to be available locally for our children and young people from 0 to 25 who have special educational needs and/or disability (SEND). Their services offered are all available online via the following clickable link: [Local Offer - Special Educational Needs and Disabilities | The Sefton Directory](#)

The Sefton Parent Carer Forum runs workshops, information days and one day special events on a regular basis throughout the year, and provide regular information to help increase parental knowledge via social media. Visit online at www.seftonpcf.org or ring them on 07541 326860.



ADDvanced Solutions
Community Network
Supporting you to find the answers

NHS
Alder Hey Children's
NHS Foundation Trust

ASD Post-Diagnostic Learning Programme:

ADDvanced Solutions offers a series of six online sessions where parents will learn valuable strategies for supporting their children with daily life. The overall aim is to empower parents to help their children achieve their full potential. Once you've completed this programme, your child can then access 1:1 coaching support to help them understand their diagnosis.

Riding the Rapids Programme:

This 10-week course aims to help parents and carers understand and manage challenging behaviours their child presents. There is a requirement to attend all 10 sessions to receive the maximum benefit. To register your interest, send an email to:

asdqueries@alderhey.nhs.uk

Parenting 2000:

Self-refer for talking therapies to support emotional well-being support

Parenting2000.org.uk

SENDIASS:

The Special Educational Needs and Disabilities Information Advice and Support Services (SENDIASS) offer information, advice and support for parents and carers of children and young people with special educational needs and disabilities (SEND). This service is also offered directly to young people.

Tel. 0151 934 3334