



## STUDENT WELL-BEING AT LUNCHTIME

Monitoring the emotional wellbeing of our pupils is critical to our holistic approach to learning. One of the ways we do this is through our partnership with the Southport & Area Schools Worker Trust and their deployment of the Friday lunchtime club, Safe Space.



[^ Click logo to learn more! ^](#)

Bringing iPads loaded with emojis and traffic lights, the students stop by and have a brief emotional “check in” with Tabz, Hettie, Kathryn, and Mrs Powsey. Incentivised by lollipops and a prize drawing, the students get their loyalty cards stamped weekly with red, amber or green – dependent upon their mood, and are encouraged to consider how they can move their emotions from red to green, and to share the encouragement with their peers. Safe Space provides a bank of resources and online content to support the students and their emotional wellbeing, along with friendly chats with familiar faces.

