

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7	Transition to secondary school Managing change Team work British Values Organisation skills	Planning and carrying out an Enterprise project How to make healthy choices Managing friendships Setting targets Mutual respect	Minimising risk Consent and the issues of unwanted contact Self esteem and resilience Bullying	Peer Pressure E-safety including cyber bullying Screen time Digital Literacy	Managing risk Road safety Peer pressure and self esteem	Peer pressure and smoking Exploring the law Legal and illegal drugs Vaping Making ethical decisions
Year 8	Body image and the role of the media Self esteem and emotional well being Eating disorders Planning and carrying out an Enterprise project	Diet, exercise, how to make healthy choices. Lifestyle balance British Values – rights and responsibilities Reacting to prejudice including disability discrimination	Introduction to careers Challenging career stereotypes and raising aspirations	Diversity and prejudice including sexism and gender stereotypes, racism and homophobia, Role of the family	Radicalisation and extremism Human Rights British Values	The risks of alcohol including binge drinking Legal and illegal drugs and addiction
Year 9	Emotional and physical changes during puberty including the menstrual cycle Different types of relationships and an understanding of the law Recognising healthy relationships and consent The effects of the media on relationships Leadership	First Aid and personal safety Introduction to contraception, keeping safe and managing risk The risks of STI's LGBT issues including homophobia and transphobia	Teenage pregnancy, understanding of issues facing young parents Parenting and fertility Different types of families Planning and carrying out an Enterprise project	Body Image and the role of pornography Sexting Risks and consequences making financial decisions Saving, spending and budgeting money	Radicalisation and extremism Understanding of criminal and civil law The justice system	Punishment and prison The role of the police Understanding of anti-social behaviour and its impact
Year 10	Personal safety and peer pressure Consent and recognising healthy and unhealthy relationships Understanding coercive control Awareness of exploitation and harrassment	Impact of risky behaviour and substance abuse Understanding industry and the world of work - enterprise	Saving, spending and budgeting money Credit and debt, making good financial decisions Peer pressure, assertiveness and risk – gangs, knife crime and joint enterprise	Understanding wages and tax Consumer rights and the dangers of gambling Democracy and the political process.	Preparation for work experience Health and safety and employment rights New SRE – revenge porn and Stalking, LGBT, pornography FGM and forced marriage Domestic conflict	Mental health, coping with stress, anxiety and depression, tackling stigma Managing grief and bereavement Revisit contraception and STIs
Year 11	Understanding the college application process and plans beyond school Skills for employment and career progression	Writing CVs and Personal Statements Interview skills	Learning and revision skills to maximise potential	Body image and promoting self esteem . Coping with stress and relaxation techniques The importance of staying healthy	Mindfulness and exam stress Revision techniques	SRE

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Year 7	<p>Transition to secondary school Managing change</p> <p>Team work British Values Organisation skills</p>	<p>Planning and carrying out an Enterprise project How to make healthy choices Managing friendships Setting targets Mutual respect</p>	<p>Minimising risk Consent and the issues of unwanted contact Self esteem and resilience Bullying</p>	<p>Peer Pressure E-safety including cyber bullying Screen time Digital Literacy</p>	<p>Managing risk Road safety Peer pressure and self esteem</p>	<p>Peer pressure and smoking Exploring the law Legal and illegal drugs Vaping Making ethical decisions</p>
Year 8	<p>Body image and the role of the media Self esteem and emotional well being Eating disorders</p> <p>Planning and carrying out an Enterprise project</p>	<p>Diet, exercise, how to make healthy choices. Lifestyle balance British Values – rights and responsibilities Reacting to prejudice including disability discrimination</p>	<p>Introduction to careers Challenging career stereotypes and raising aspirations</p>	<p>Diversity and prejudice including sexism and gender stereotypes, racism and homophobia, Role of the family</p>	<p>Radicalisation and extremism Human Rights British Values</p>	<p>The risks of alcohol including binge drinking Legal and illegal drugs and addiction</p>
Year 9	<p>Emotional and physical changes during puberty including the menstrual cycle</p> <p>Different types of relationships and an understanding of the law Recognising healthy relationships and consent The effects of the media on relationships Leadership</p>	<p>First Aid and personal safety Introduction to contraception, keeping safe and managing risk The risks of STI's LGBT issues including homophobia and transphobia</p>	<p>Teenage pregnancy, understanding of issues facing young parents Parenting and fertility Different types of families Planning and carrying out an Enterprise project</p>	<p>Body Image and the role of pornography Sexting Risks and consequences making financial decisions Saving, spending and budgeting money</p>	<p>Radicalisation and extremism Understanding of criminal and civil law The justice system</p>	<p>Punishment and prison The role of the police Understanding of anti-social behaviour and its impact</p>
Year 10	<p>Personal safety and peer pressure</p> <p>Consent and recognising healthy and unhealthy relationships Understanding coercive control Awareness of exploitation and harrasment</p>	<p>Impact of risky behaviour and substance abuse</p> <p>Understanding industry and the world of work - enterprise</p>	<p>Saving, spending and budgeting money Credit and debt, making good financial decisions Peer pressure, assertiveness and risk – gangs, knife crime and joint enterprise</p>	<p>Understanding wages and tax Consumer rights and the dangers of gambling Democracy and the political process. Developing study habits</p>	<p>Preparation for work experience Health and safety and employment rights</p> <p>New SRE – revenge porn and Stalking, LGBT, pornography FGM and forced marriage Domestic conflict</p>	<p>Mental health, coping with stress, anxiety and depression, tackling stigma</p> <p>Managing grief and bereavement Revisit contraception and STIs</p>
Year 11	<p>Understanding the college application process and plans beyond school Skills for employment and career progression</p>	<p>Writing CVs and Personal Statements Interview skills</p>	<p>Learning and revision skills to maximise potential</p>	<p>Body image and promoting self esteem . Coping with stress and relaxation techniques The importance of staying healthy</p>	<p>Mindfulness and exam stress Revision techniques</p>	<p>Health and wellbeing</p>

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Year 8	Body image and the role of the media Self esteem and emotional well being Eating disorders Planning and carrying out an Enterprise project	Diet, exercise, how to make healthy choices. Lifestyle balance British Values – rights and responsibilities Reacting to prejudice including disability discrimination	Introduction to careers Challenging career stereotypes and raising aspirations	Diversity and prejudice including sexism and gender stereotypes, racism and homophobia Role of the family,	Radicalisation and extremism Human Rights British Values	The risks of alcohol including binge drinking Legal and illegal drugs and addiction
Year 9	Emotional and physical changes during puberty including the menstrual cycle Different types of relationships and an understanding of the law Recognising healthy relationships and consent The effects of the media on relationships Leadership	First Aid and personal safety Introduction to contraception, keeping safe and managing risk The risks of STI's LGBT issues including homophobia and transphobia	Teenage pregnancy, understanding of issues facing young parents Parenting and fertility Different types of families Planning and carrying out an Enterprise project	Body Image and the role of pornography Sexting Risks and consequences making financial decisions Saving, spending and budgeting money	Radicalisation and extremism Understanding of criminal and civil law The justice system	Punishment and prison The role of the police Understanding of anti-social behaviour and its impact
Year 10	Personal safety and peer pressure Consent and recognising healthy and unhealthy relationships Understanding coercive control Awareness of exploitation and harrasment	Impact of risky behaviour and substance abuse Understanding industry and the world of work - enterprise	Saving, spending and budgeting money Credit and debt, making good financial decisions Peer pressure, assertiveness and risk – gangs, knife crime and joint enterprise	Understanding wages and tax Consumer rights and the dangers of gambling Democracy and the political process.	Preparation for work experience Health and safety and employment rights New SRE – revenge porn and Stalking. LGBT, pornography FGM and forced marriage Domestic conflict	Mental health, coping with stress, anxiety and depression, tackling stigma Managing grief and bereavement Revisit contraception and STIs
Year 11	Understanding the college application process and plans beyond school Skills for employment and career progression	Writing CVs and Personal Statements Interview skills	Learning and revision skills to maximise potential	Body image and promoting self esteem . Coping with stress and relaxation techniques The importance of staying healthy	Mindfulness and exam stress Revision techniques	Living in the wider world

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Year 8	Body image and the role of the media Self esteem and emotional well being Eating disorders Planning and carrying out an Enterprise project	Diet, exercise, how to make healthy choices. Lifestyle balance British Values – rights and responsibilities Reacting to prejudice including disability discrimination	Introduction to careers Challenging career stereotypes and raising aspirations	Diversity and prejudice including sexism and gender stereotypes, racism and homophobia , Role of the family	Radicalisation and extremism Human Rights British Values	The risks of alcohol including binge drinking Legal and illegal drugs and addiction
Year 9	Emotional and physical changes during puberty including the menstrual cycle Different types of relationships and an understanding of the law Recognising healthy relationships and consent The effects of the media on relationships Leadership	First Aid and personal safety Introduction to contraception, keeping safe and managing risk The risks of STI's LGBT issues including homophobia and transphobia	Teenage pregnancy, understanding of issues facing young parents Parenting and fertility Different types of families Planning and carrying out an Enterprise project	Body Image and the role of pornography Sexting Risks and consequences making financial decisions Saving, spending and budgeting money	Radicalisation and extremism Understanding of criminal and civil law The justice system	Punishment and prison The role of the police Understanding of anti-social behaviour and its impact
Year 10	Personal safety and peer pressure Consent and recognising healthy and unhealthy relationships Understanding coercive control Awareness of exploitation and harrassment	Impact of risky behaviour and substance abuse Understanding industry and the world of work - enterprise	Saving, spending and budgeting money Credit and debt, making good financial decisions Peer pressure, assertiveness and risk – gangs, knife crime and joint enterprise	Understanding wages and tax Consumer rights and the dangers of gambling Democracy and the political process.	Preparation for work experience Health and safety and employment rights New SRE – revenge porn and Stalking, LGBT, pornography FGM and forced marriage Domestic conflict	Mental health, coping with stress, anxiety and depression, tackling stigma Managing grief and bereavement Revisit contraception and STIs
Year 11	Understanding the college application process and plans beyond school Skills for employment and career progression	Writing CVs and Personal Statements Interview skills	Learning and revision skills to maximise potential	Body image and promoting self esteem . Coping with stress and relaxation techniques The importance of staying healthy	Mindfulness and exam stress Revision techniques	Citizenship

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Year 7	Transition to secondary school Managing change Team work British Values Organisation skills	Planning and carrying out an Enterprise project How to make healthy choices Managing friendships Setting targets Mutual respect	Minimising risk Consent and the issues of unwanted contact Self esteem and resilience Bullying	Peer Pressure E-safety including cyber bullying Screen time Digital Literacy	Managing risk Road safety Peer pressure and self esteem	Peer pressure and smoking Exploring the law Legal and illegal drugs Vaping Making ethical decisions
Year 8	Body image and the role of the media Self esteem and emotional well being Eating disorders Planning and carrying out an Enterprise project	Diet, exercise, how to make healthy choices. Lifestyle balance British Values – rights and responsibilities Reacting to prejudice including disability discrimination	Introduction to careers Challenging career stereotypes and raising aspirations	Diversity and prejudice including sexism and gender stereotypes, racism and homophobia, Role of the family	Radicalisation and extremism Human Rights British Values	The risks of alcohol including binge drinking Legal and illegal drugs and addiction
Year 9	Emotional and physical changes during puberty including the menstrual cycle Different types of relationships and an understanding of the law Recognising healthy relationships and consent The effects of the media on relationships Leadership	First Aid and personal safety Introduction to contraception, keeping safe and managing risk The risks of STI's LGBT issues including homophobia and transphobia	Teenage pregnancy, understanding of issues facing young parents Parenting and fertility Different types of families Planning and carrying out an Enterprise project	Body Image and the role of pornography Sexting Risks and consequences making financial decisions Saving, spending and budgeting money	Radicalisation and extremism Understanding of criminal and civil law The justice system	Punishment and prison The role of the police Understanding of anti-social behaviour and its impact
Year 10	Personal safety and peer pressure Consent and recognising healthy and unhealthy relationships Understanding coercive control Awareness of exploitation and harrassment	Impact of risky behaviour and substance abuse Understanding industry and the world of work - enterprise	Saving, spending and budgeting money Credit and debt, making good financial decisions Peer pressure, assertiveness and risk – gangs, knife crime and joint enterprise	Understanding wages and tax Consumer rights and the dangers of gambling Democracy and the political process.	Preparation for work experience Health and safety and employment rights New SRE – revenge porn and Stalking, LGBT, pornography FGM and forced marriage Domestic conflict	Mental health, coping with stress, anxiety and depression, tackling stigma Managing grief and bereavement Revisit contraception and STIs
Year 11	Understanding the college application process and plans beyond school Skills for employment and career progression	Writing CVs and Personal Statements Interview skills	Learning and revision skills to maximise potential	Body image and promoting self esteem . Coping with stress and relaxation techniques The importance of staying healthy	Mindfulness and exam stress Revision techniques	British Values

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Year 8	Body image and the role of the media Self esteem and emotional well being Eating disorders Planning and carrying out an Enterprise project	Diet, exercise, how to make healthy choices. Lifestyle balance British Values – rights and responsibilities Reacting to prejudice including disability discrimination	Introduction to careers Challenging career stereotypes and raising aspirations	Diversity and prejudice including sexism and gender stereotypes, racism and homophobia, Role of the family	Radicalisation and extremism Human Rights British Values	The risks of alcohol including binge drinking Legal and illegal drugs and addiction
Year 9	Emotional and physical changes during puberty including the menstrual cycle Different types of relationships and an understanding of the law Recognising healthy relationships and consent The effects of the media on relationships Leadership	First Aid and personal safety Introduction to contraception, keeping safe and managing risk The risks of STI's LGBT issues	Parenting and fertility Different types of families Planning and carrying out an Enterprise project Teenage pregnancy, understanding of issues facing young parents	Body Image and the role of pornography Sexting Risks and consequences making financial decisions Saving, spending and budgeting money	Radicalisation and extremism Understanding of criminal and civil law The justice system	Punishment and prison The role of the police Understanding of anti-social behaviour and its impact
Year 10	Personal safety and peer pressure Consent and recognising healthy and unhealthy relationships Understanding coercive control Awareness of exploitation and harrasment	Impact of risky behaviour and substance abuse Understanding industry and the world of work - enterprise	Saving, spending and budgeting money Credit and debt, making good financial decisions Peer pressure, assertiveness and risk – gangs, knife crime and joint enterprise	Understanding wages and tax Consumer rights and the dangers of gambling Democracy and the political process.	New SRE, revenge porn and stalking. Revisit contraception FGM and forced marriage. Domestic conflict Preparation for work experience Health and safety and employment rights	Mental health, coping with stress, anxiety and depression, tackling stigma, managing bereavement Work Experience for one week
Year 11	Understanding the college application process and plans beyond school Skills for employment and career progression	Writing CVs and Personal Statements Interview skills	Learning and revision skills to maximise potential	Body image and promoting self esteem . Coping with stress and relaxation techniques The importance of staying healthy	Mindfulness and exam stress Revision techniques	Curriculum Map Careers and Enterprise

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Year 8	Body image and the role of the media Self esteem and emotional well being H2 Eating disorders Planning and carrying out an Enterprise project	Diet, exercise, how to make healthy choices. Lifestyle balance British Values – rights and responsibilities Reacting to prejudice including disability discrimination	Introduction to careers Challenging career stereotypes and raising aspirations	Diversity and prejudice including sexism and gender stereotypes, racism and homophobia, Role of the family	Radicalisation and extremism Human Rights British Values	The risks of alcohol including binge drinking Legal and illegal drugs and addiction
Year 9	Emotional and physical changes during puberty including the menstrual cycle Different types of relationships and an understanding of the law Recognising healthy relationships and consent The effects of the media on relationships Leadership	First Aid and personal safety Introduction to contraception, keeping safe and managing risk The risks of STI's LGBT issues	Parenting and fertility Different types of families Planning and carrying out an Enterprise project Teenage pregnancy, understanding of issues facing young parents	Body Image and the role of pornography Sexting Risks and consequences making financial decisions Saving, spending and budgeting money	Radicalisation and extremism Understanding of criminal and civil law The justice system	Punishment and prison The role of the police Understanding of anti-social behaviour and its impact
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